

## **BEST FOR LESS AND LOW COST PROGRAMS AND SERVICES**

### **Preschoolers in the Park**

**Thursdays**

**1:30-3pm**

**FREE**

Play on our adventure playgrounds, enjoy organized circle time, and partake in a nature/urban walk through surrounding neighbourhoods. Bring a stroller or child carrier. Registration not needed. Parent participation required. Program cancelled if raining by 1pm same day.

**Aug 27 Playfair Park**

**Sept 3 Mt Douglas Park**

**Sept 10 Lochside Park**

**Sept 17 Meadow Park**

**Sept 24 Copley Park**

### **Speakwell English Conversation Program**

**Wednesdays**

**7-8:30pm**

**FREE**

Practice your English in small and informal group discussions with Canadian volunteers. This is an ideal program for immigrants, refugees and international students to meet new people and learn about other cultures. Call 250-475-5407 for details.

**Gordon Head Lawn Bowls (next to the recreation centre)**

### **Free Swim Lessons for Children and Adults**

**Aug 31-Sep 4**

**10am-12noon**

**FREE**

These classes will be taught by students in the water safety instructor course. You will learn about water safety and basic swimming skills. Sign up at the front desk starting Tuesday Aug 4th at 9:30am. For more information please call 250-475-7110.

**Gordon Head Recreation Centre**

## **What's New For 2010?**

### ✓ **PROOF OF INCOME REQUIRED:**

Proof of TOTAL HOUSEHOLD income by visual confirmation of 2008 Income Tax Assessment (Line 150) and all members of household must be represented on the Tax Assessment(s). **Must fall below Statistics Canada Low Income Threshold 2008.**

### ✓ **ADJUDICATOR FORM:**

Applicants new to the country or do not have Tax Assessment may request Adjudicator Form from the Front Desk Staff to take to an official agency or individual to vouch for financial need by signing and stamping the form. **That form must be submitted along with application form.**

### ✓ **PRODUCT OPTIONS:**

Each applicant and dependant will receive a **choice of LIFE 2010 product; EITHER:**

1. Coupon Book for Saanich programs and 52 free drop-in passes to inter-municipal centres, **OR;**

2. Saanich Annual Pass (Student, Senior, Adult) at 50% off the regular price. **Must be paid in full at the time.**

### ✓ **SENIORS (over 55+ years of age)**

Seniors will receive an additional coupon towards a membership at a Saanich Seniors Centre of their choice.

### ✓ **RENEWAL DATE FOR THE 2010 LIFE PROGRAM IS NOVEMBER 1, 2009**

# The LIFE (Leisure Involvement For Everyone) Program

## ***DID YOU KNOW?***

1. You can use your Inter-municipal LIFE Access Card with the 52 drop-in passes at ANY Greater Victoria Recreation Centre? This means you can drop-in to swimming, skating, fitness rooms and classes at any of the following centres where it is offered:
  - a. SeaPark (Sooke),
  - b. Panorama Recreation Centre(Central Saanich),
  - c. Esquimalt Recreation Centre (Esquimalt),
  - d. Westshore Recreation Centre (Langford/Colwood),
  - e. Oak Bay Recreation Centre (Oak Bay),
  - f. Crystal Pool (Victoria),
  - g. Gordon Head Recreation Centre, Pearkes Recreation Centre, Cedar Hill Recreation Centre and Saanich Commonwealth Place (Saanich).
2. You can use your Saanich LIFE Adult, Teen and Child Discount Coupons for almost ANY registered program, including swimming and skating lessons, in the Saanich Active Living Guide? These programs include Cooking classes, Computer classes, Photography classes, Racquet sports, First Aid and Babysitting classes, Language courses, Yoga classes, Pottery classes, Dance classes and General Interest classes.
3. There are **Free** drop-in Social Times for Seniors throughout the week at:
  - ☉ Saanich Commonwealth Place, Tuesdays 1:30-3pm
  - ☉ Gordon Head Recreation Centre, Wednesdays 10-1:30am
  - ☉ Pearkes Recreation Centre, Tuesdays 9-11am and Thursdays 1-3pm
4. You can ask to speak with the LIFE Programmer if you have a special circumstance or issue you need assistance with?
5. The sports team your child plays on may be registered with KidSport and can help you fund your child's participation? Ask your coach and see [www.kidsportcanada.ca](http://www.kidsportcanada.ca)
6. The Inter-municipal LIFE Administrators and Programmers are continually reviewing the program and looking at ways to make it even more helpful for you and your family.
7. You can use your 50% discount coupon for Personal Training?
8. Once you use all your 52 drop-in passes you CAN use one of your 50% discount coupons to purchase a pass or punch card so you can continue to drop-in at a reduced price?

### **When applying for the LIFE 2010 program, applicants must bring: (PLEASE READ CAREFULLY)**

- ✓ A completed LIFE 2010 application form
- ✓ All members of the household applying for the LIFE 2010 program
- ✓ Existing Access Cards for all family members
- ✓ Proof of Saanich residency (Hydro bill, cable bill, etc) for visual confirmation
- ✓ BC Care Cards (or alternate form of identification) for every individual or member of the family for visual confirmation
- ✓ Proof of Income for visual confirmation OR Adjudicator Form attached to application