

Free Workshops:



Organic Gardening and Lawn Care

Learn to work with natural processes to create healthy, vibrant lawns and gardens.

Participants will learn how to support and enhance the fundamental ecological processes that promote plant and soil health. It becomes readily apparent how pesticides are counter-productive to a thriving garden and grassland ecology. Topics will include: plant and soil ecology, creating communities, enhancing soil and microbial activity, water management, problem prevention and the concept of health management. *The workshop is intended for home gardeners and professionals alike.*

| Date | Time | Location |
|---------------------|----------|--|
| Tuesday, March 31 | 6-8:30pm | University of Victoria David Strong Building, C116 |
| Wednesday, April 29 | 6-8:30pm | Royal Roads University - Mews 110 |
| Sunday, May 3 | 12-3pm | Swan Lake Nature Sanctuary 3873 Swan Lake Road |
| Wednesday, May 27 | 6-8:30pm | Capital Regional District Office - 625 Fisgard Street |
| Saturday, May 30 | 9am-12pm | University of Victoria David Strong Building, C116 |
| Saturday, June 13 | 12-3pm | Panorama Recreation (SHOAL Centre - All Purpose Room) 10030 Resthaven Drive, Sidney |
| Sunday, June 14 | 9am-12pm | Royal Roads University - Mews 110 |
| Sunday, June 28 | 12-3pm | Swan Lake Nature Sanctuary 3873 Swan Lake Road |
| Saturday, July 11 | 9am-12pm | Oaklands Community Centre #1-2827 Belmont Avenue (Hillside at Shelbourne area) |

Organic Food Gardening: Backyard Local, Gourmet Salad Greens

Food Security Begins in our Own Backyards

Learn how easy it is to grow salad greens all year round and enjoy the succulent, sweet or spicy tastes of custom designed salads. Discover beautiful and flavorful varieties of lettuces, herbs, edible flowers and some surprising greens and learn time-tested techniques for seeding, succession planting, growing, harvesting, serving and how best to store your greens. This class will feature a delicious sampling of salad greens and some scrumptious dressing recipes.

| Date | Time | Location |
|-------------------|-----------|---|
| Saturday, June 13 | 10am-12pm | University of Victoria David Strong Building, C116 |
| Saturday, June 27 | 10am-12pm | Royal Roads University - Mews 110 |

Journeys in Permaculture

Learn how Permaculture through whole system design addresses increasing yields in your organic garden as much as it does climate change and peak oil. Come out for an informative presentation on permaculture and how it harmonizes design with the patterns of local climates, local landscapes and the principals of natural systems.

| Date | Time | Location |
|--------------------|-------|---|
| Thursday, April 16 | 7-9pm | University of Victoria David Strong Building, C108 |

For more details and to register, please visit: www.crd.bc.ca/workshops

If you do not have internet access, call: 250.360.3051

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